

DOJO ETIQUETTE

1. Respect the dojo, its teachers, and your sister and brother students.
They make your training possible.
2. When entering the dojo, remove your shoes and leave them neatly on the shoe rack.
Do not leave coats and bags lying about.
3. Be on time. If you are late, move quietly so as not to disturb class.
DO NOT GET ON MAT UNTIL ALLOW TO DO SO.
Walk behind people. It is impolite and perhaps dangerous to walk in front of others.
4. Bow when entering and leaving the mat area.
5. Volunteer your services to keep the dojo clean. **SHUGYO**
If something needs your attention, attend to it.
6. Pay your dues on time. If you need to take a leave of absence, make arrangements beforehand, not after the fact. Not coming to class does not excuse you from paying your monthly dues. It is disrespectful to have Sensei ask for them.
7. Always remain aware of fire safety and security. Be conscious of who enters the dojo and for what purpose.
8. Keep yourself and your gi clean **and free of holes**, as it is a reflection of the dojo.
Cut toe and finger nails and remove jewelry to avoid injury.
9. Practice always with sensitivity toward your partner's abilities and limitations.
Senior students should be a good example to junior students.
10. Practice with sincerity, fierce joy, and humility.