Regular Class · Women's Special Course								
Time and Location		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:30~07:30	3F	Regular	Regular	Regular	Regular	Regular	Regular	
08:00~09:00	3F	Regular	Regular	Regular	Regular	Regular	Regular	
09:00~10:00	3F							Regular
10:30~11:30	3F		Women's Special Course			Women's Special Course	Regular	Regular
15:00~16:00	3F	Regular	Regular	Regular	Regular	Regular	Regular	
17:30~18:30	3F	Regular	Regular	Regular	Regular	Regular	Regular	
19:00~20:00	3F	Regular	Regular	Regular	Regular	Regular	Regular	
Beginner's Class • Women's Class • Aikido Academy • Children's Class								
Time and Location		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00~08:00	2F	Beginner	Beginner	Beginner	Beginner	Beginner	Beginner	
09:30~10:30	2F						Beginner	
09:30~10:30	4F							Beginner
09:30~10:30	2F							Children's Class (Junior)
10:30~11:30	2F							Children's Class (Senior)
13 : 45~14 : 45	2F						Children's Class (Junior)	
15:00~16:00	2F						Children's Class (Senior)	
16:00~17:00	2F		Children's Class (Junior)			Children's Class (Junior)	-	
17:00~18:00	2F		Children's Class (Senior)			Children's Class (Senior)		
18:00~19:00	2F	Beginner	Women's Class	Beginner	Women's Class	Beginner	Beginner	
19:10~20:10	2F	Beginner	Beginner	Beginner	Beginner	Beginner	Aikido Academy	
18:30~20:00	4F	Aikido Academy (Beginner)	Aikido Academy (Advanced)	Aikido Academy (Intermediate)	Aikido Academy (Beginner)	Aikido Academy (Advanced)	(Intermediate) *17:30~19:00	